

Training Schedule – 2023/24



Team	Summer Training		Winter Training	
	Day & Time	Location	Time	Location
Under 13 Saints	Tuesday 6-7pm	Old Newton Sports & Social Club	Wednesday 6-7pm	Old Newton Sports & Social Club
Under 12 Saints	Wednesday 6.30-7.30pm	Old Newton Sports & Social Club	Wednesday 5-6pm	Needham Market FC
Under 11 Saints	Thursday 6-7pm	Old Newton Sports & Social Club	Thursday 6.30-7.30pm	Mendlesham Community Centre
Under 10 Saints	Tuesday 6-7pm	Old Newton Sports & Social Club	Wednesday 6-7pm	Mid Suffolk Leisure Centre
Under 9 Devils	Monday 5.30-6.30pm	Old Newton Sports & Social Club	Monday 6-7pm	Mid Suffolk Leisure Centre
Under 8 Saints	Wednesday 6-7pm	Old Newton Sports & Social Club	TBC	TBC
Saturday Club	Saturday 1-2pm	Old Newton Sports & Social Club	Saturday 1-2pm	Old Newton Sports & Social Club