

Training Schedule - 2022/23



Team	Summer Training		Winter Training	
	Day & Time	Location	Day & Time	Location
Under 16 Saints	Wednesday 6.30-7.30pm	Stowupland FC	Wednesday 7-8pm	Needham Market FC
Under 15 Devils	Thursday 7-8pm	Old Newton Sports & Social Club	Thursday 7-8pm	Old Newton Sports & Social Club
Under 12 Saints	Tuesday 6-7pm	Old Newton Sports & Social Club	Wednesday 6-7pm	Mid Suffolk Leisure Centre
Under 11 Saints	Wednesday 6.30-7.30pm	Old Newton Sports & Social Club	Friday 7-8pm	Mid Suffolk Leisure Centre
Under 10 Saints	Thursday 6-7pm	Old Newton Sports & Social Club	Thursday 6.30-7.30pm	Mendlesham Community Centre
Under 9 Saints	Tuesday 6-7pm	Old Newton Sports & Social Club	Tuesday 6-7pm	Claydon High School
Under 8 Devils	Monday 5.30-6.30pm	Old Newton Sports & Social Club	Monday 5.30-6.30pm	Mendlesham Community Centre
Under 8 Saints	Monday 5.30-6.30pm	Old Newton Sports & Social Club	Monday 5.30-6.30pm	Mendlesham Community Centre
Saturday Club	Saturday 1-2pm	Old Newton Sports & Social Club	Saturday 1-2pm	Old Newton Sports & Social Club